



ORARIO CORSI 2018/2019

LUN	MAR	MER	GIO	VEN	SAB
	Pilates Matwork Over 9:30 - 10:25		Pilates Matwork Over 9:30 - 10:25		
			Pilates Studio 10:45 - 11:40		Pilates Studio 10:30 - 11:25
	Pilates Studio 13:00 - 13:55			Pilates Studio 13:30 - 14:25	
	Pilates Studio 17:45 - 18:40		Pilates Studio 17:45 - 18:40		
Pilates Studio 18:30 - 19:25		Pilates Studio 18:00 - 18:55		Pilates 30/30 18:30 - 19:25	
	Pilates Matwork 19:00 - 19:55 Pilates Studio 19:00 - 19:55	Pilates Studio Uomini 19:00 - 19:55	Pilates Matwork 19:00 - 19:55		
Pilates Studio 19:45 - 20:40 Pilates Matwork 2 19:45 - 20:40		Gyrokinesis® 19:00 - 19:55	Pilates Studio 20:15 - 21:10		
Anukalana Yoga 20:15 - 21:45		Pilates Studio 2 20:15 - 21:10			

PRENOTA LA TUA

LEZIONE DI PROVA GRATUITA

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